## FIT & SIZE CHART

2 3 4

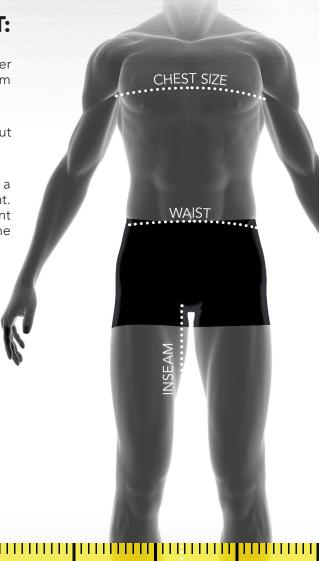
## **MEASURING YOUR BODY FOR PROPER FIT:**

**Chest Size:** Taken at the fullest point of your chest. Measure just under your arms and across shoulder blades holding the tape firm and level.

**Waist:** Measure around your natural waistline, keeping the tape snug, but comfortably loose.

**Inseam:** Measure from the base of your crotch to the top of your shoe. For a more accurate measurement have someone take this measurement. You can also measure a similar pant that fits you well. Lay the pant flat with the front and back creased smooth. Measure along the inseam from the crotch to the bottom of the leg hem.

| BACK SUPPORTS |                  |
|---------------|------------------|
| SIZE          | WAIST            |
| XS            | 23-27"/ 59-69cm  |
| S             | 28-32"/ 71-82cm  |
| М             | 33-37"/ 84-94cm  |
| L             | 38-42"/ 96-107cm |
| XL            | 43-48"/109-122cm |
| 2X            | 49-53"/125-135cm |
| 3X            | 54-58"/138-148cm |



1 2 3 4 5 6 7 8 9 10